



**Mankato &  
North Mankato**



**Singing Hills  
Chorus**

A community-building movement that connects music, people and joyful purpose.

The Mankato & North Mankato ACT on Alzheimer's Action Team is proud to offer an exciting opportunity for people in the community to join together for a unique choral experience. The chorus is especially created for persons with Alzheimer's disease or other dementias, and their care partners.

### The Chorus Experience

- No singing experience required
- Music director understands singers' potential
- Comfortable rehearsal space with good acoustics
- Variety of music, familiar and challenging, adapted as needed
- Personalized music books and practice CDs
- Weekly rehearsals and a public performance
- Social time for singers and volunteers
- Dementia-aware volunteers available to assist

Chorus members include people with dementia, their care partners and volunteers. We welcome any person who is living with Alzheimer's or another dementia who can attend the structured weekly rehearsals and, most importantly, wants to make good music and good friends! There are no auditions, and no musical training or experience is necessary. The rehearsals culminate in a public performance showcasing the accomplishments of the singers.

### Volunteer Singers

Our volunteer singers sing alongside the person with dementia, helping them follow the music and lyrics, taking instructional notes and ensuring that all the singers have a comfortable and enjoyable experience during rehearsals and performances.

"The only thing  
better than singing  
is more singing."

Ella Fitzgerald

### 2018 Spring Session

**Thursdays, February 1-May 10**

(no rehearsal March 29)

Social times: 9:30am-10am & 11:30am-noon

Rehearsals: 10am-11:30am

**Cost: \$25 per person.** The person with dementia must register with a care partner. Scholarships are available. Cost includes rehearsal and practice materials, refreshments and snacks and a performance scarf.

**Location:** School Sisters of Notre Dame, 170 Good Counsel Drive, Mankato. Parking is free.

## Registration

Register online at [singinghillschorus.org](http://singinghillschorus.org). If you would like to pay by check, download the registration form. If you would like a registration form mailed to you or emailed to you, call (507) 519-0626 or email [katoactonalz@yahoo.com](mailto:katoactonalz@yahoo.com).

Volunteer singers will be paired with the chorus member living with dementia.  
Care partners may sing in their own section.

## Concert

Each session will culminate in a public performance for family, friends and the community at large. The spring concert is scheduled on May 12, 1:30pm. The concert will be held in the Our Lady of Good Counsel Chapel. Tickets will go on sale in March.

## Volunteer with Us

Volunteers help us deliver a rewarding and inspiring choral experience. Email [katoactonalz@yahoo.com](mailto:katoactonalz@yahoo.com) or visit [singinghillschorus.org](http://singinghillschorus.org) to learn more.



## About the Mankato & North Mankato ACT on Alzheimer's Action Team

Mankato and North Mankato are one of 48 ACT on Alzheimer's dementia-friendly communities in Minnesota. We are committed to creating a dementia friendly community that is respectful, safe, informed and engaging.  
[www.mnraaa.org/act](http://www.mnraaa.org/act)



## Affiliate Member of Giving Voice Initiative logo

Singing Hills Chorus is an affiliate member of the newly-formed Giving Voice Initiative (GVI). We are the first GVI chorus in outstate Minnesota! The GVI is modeled after the Giving Voice Chorus which began in 2014 in collaboration with MacPhail Center for Music.

*As a GVI member, it is our priority is to meet the needs of people with Alzheimer's who live in community because they generally have fewer opportunities to socialize and be creative. Similarly, their care partners often feel isolated and alone. In serving these community members, Singing Hills Chorus creates unique opportunities for people to connect, grow, challenge stereotypes, and significantly improve quality of life.*



Building Healthier  
Communities

Award funding by Stratis Health, supporting efforts to build a culture of quality in health care.

